

# Young Carers on Tour 2023/24



## Who is Study Higher and what is 'Young Carers on Tour'?

**Study Higher** is part of a national widening participation partnership called Uni Connect delivering impartial outreach programmes to young people who are underrepresented in higher education. 'Young carers on tour' is our outreach programme for young carers aged 13-18 across Buckinghamshire, Oxfordshire, Berkshire and Swindon. Young people are invited to take part in a number of interesting, interactive opportunities including visits to different universities, informative and interactive workshops and a residential. This project is designed to offer impartial education advice, help young carers harness their future choices, develop and improve life skills, maintain friendships and share an understanding of life as a young carer.

## Who has engaged in 'Young Carers on Tour'?

In 2023/24:

**54** young carers engaged across **10** different events.

**72%** came to two or more events.

Since July 2021 the programme has worked with:

**112** young carers.

**1/3** of the group have come back for 2+ years.

## What events and activities took place in 2023/24?

A three day, 2 night residential including:

- Attendance at the Young Carer Development Trust Conference at the University of the West of England.
- Taster events at the University of Gloucestershire and Bath Spa University.

Interactive employer insight visits to Lanes Health in Gloucester and Woburn Safari Park.



Events at multiple different universities including:

- Oxford University,
- University of Reading,
- Buckinghamshire New University,
- Oxford Brookes University,
- Confetti Institute of Creative Technologies,
- The University of South Wales.

# Young carers programme impact in 2023/24

## Information

"Taking part these past couple of years has been the highlight of my university progression and finding my options/calling."

Young carer

"Actually visiting the range of universities has opened my daughter's eyes to the world of further study and the opportunities she can have. The events where she stayed for a few days to sample life in the area and meet other learners to ask questions were particularly valuable."

Parent

## Wellbeing

"I think young carers across the Study Higher regions have really benefitted in terms of wellbeing and mental health and knowing whether or not higher education is an option for them."

Young carer

## Confidence

"Learned lots of info about universities so is now more confident in making choices for the future."

Parent

"I really want to come to university now...It made me realise I could actually do it if I tried and put myself first."

Young carer

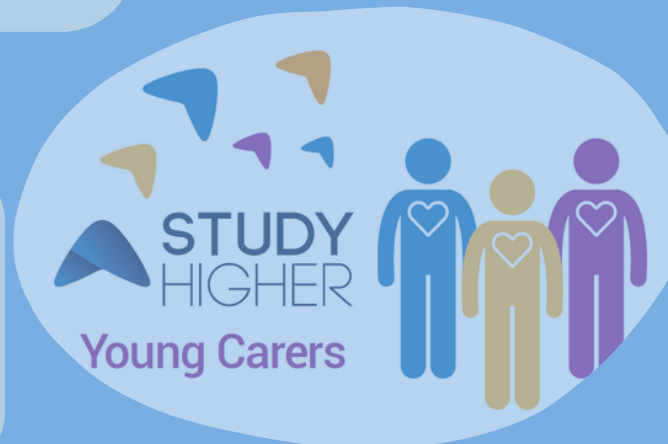
## Respite

"Learning to be away from home and being away from my caring role."

Young carer

"Was a bit scary being away at first but doing OK now... enjoyed having my own room and my own space."

Young carer



50%

of participants mentioned social and confidence benefits as the biggest impact of the programme.

## Community

"[He] really enjoys his time with you and has made some friends over the years he's been attending."

Parent

"The first time I came to an event I didn't speak to anyone but now I have."

Young carer

## Sense of belonging

'Relating to student ambassadors and learning about university costs and how/ what I need in the future'.

Young carer

"Being able to engage with people similar to my situation and making the most out of my experience."

Young carer

94%

of parents were highly satisfied with the YCOT programme for their child.

## Young carers programme content in 2023/24, some examples:

### Subject specific taster sessions

- Paramedic sciences
- Illustration
- TV and Film
- Fashion
- Creative writing
- Art and photography



### Higher education information

- Student finance and budgeting
- Applying to higher tariff universities
- UCAS support for young carers

## Young carers 2024/25

### Bletchley Park

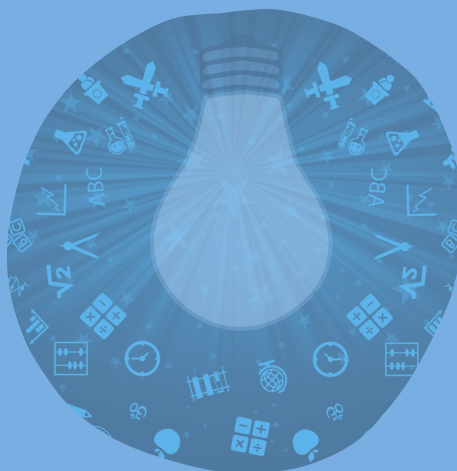
**Tuesday 29th October 2024**

An opportunity to visit the famous site including a code breaking workshop and time to explore the museum and grounds.

### Uni Fusion

**Oxford Brookes University  
Saturday 7th December 2024**

Giving students an insight into higher education including workshops on budgeting, student finance and university subject tasters.



### Events in 2025

- Saturday 1st February: Hertfordshire University visit
- Monday 14th-Wednesday 16th April: Easter residential
- June 2025: Oxford University visit

### How to register

For details of the 2024/25 programme, including how young carers can register to take part, [please visit the Study Higher website.](#)